## Cognitive Principles & Restructuring

## **Facilitator Training**

Instructor: Rae Forseth

Upon completion of this training, participants will be able to:

- ✓ Teach offenders the 4 steps to self-change
- ✓ Describe and recognize criminal foundation errors utilized by offenders.
- ✓ Implement a cognitive restructuring program segment to address foundation errors.
- ✓ Describe and recognize criminal cycles utilized by offenders.
- ✓ Implement a cognitive restructuring program segment using criminal cycles
- ✓ Understand the purpose of a thinking error report.
- ✓ Implement the use of thinking reports with offenders
- ✓ Describe the difference between the three phases of CP&R

Who should attend: Program managers, counselors, facilitators, supervisors of treatment programs, correctional staff interested in involvement in a cognitive restructuring program, Probation and Parole officers, Mental Health professionals, Chemical Dependency program staff and Pre-Release Center staff.

Date: October 4 – 6, 2011 To register contact:

Time: 8:00 am to 5:00 pm Geri Miller

Location: Salish Kootenai Tribal Health Facility (406) 846-1320 ext 2307
5 4th Ave. East Gerimiller@mt.gov

5 4th Ave. East Polson, MT 59860

Cost: \$18.00 made payable to: Department of Corrections – Accounting

PO Box 201301 Helena MT 59620

DOC staff must complete a training request form and receive approval from their supervisor(s) prior to attending this course.

This class is POST Certified



The Department of Corrections will make reasonable accommodations for persons with disabilities who wish to participate in this training or need an alternative accessible format of this notice or related material. If you require accommodations, please contact Geri Miller, DOC Training Center, 442 Golf Course Rd, Deer Lodge, Montana, at 406-846-1320 ext 2307; fax # (406) 846-1484; or <a href="mailto:gerimiller@mt.gov">gerimiller@mt.gov</a>.